

INICIO

MEDIA A-MASTER

END.DAS CACHOEIRAS2019 2DIA
Master/Senior/Over40

IMPORTANTE

DOMINGO
2 DIA
CATEGORIA:
MASTER
SENIOR
OVER 40

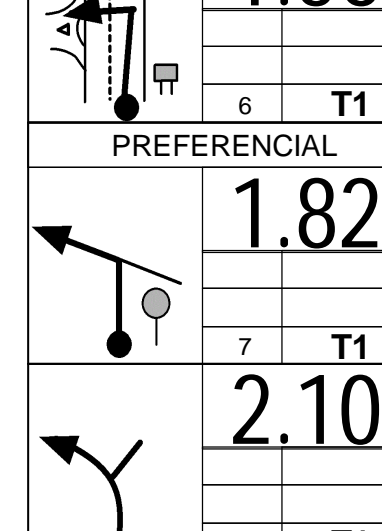
CUIDADO

ATENÇÃO

M.ATENÇÃO

Tempo de Prova

MEDIA A-MASTER 04:45:44



INICIO DE PROVA

PARQUE AMBIENTAL

POSTE PRETO

0.00
D 10' 00.00.00

1 T1

0.08
2 T1

PREFERENCIAL
 0.18
3 T1

PONTE DO ARCO
 0.26
4 T1

JARDIM MUZZOLON
 1.18
5 T1

CRISTO REI
 1.56
6 T1

PREFERENCIAL
 1.82
7 T1

2.10
8 T1

2.40
9 T1

PELA ESTRADA DE PEDRA
 3.00
10 T1

BAIXO DO VIADUTO
 3.31
11 T1

3.43
12 T1

FRISESP
 3.75
V 42 00.10.00
13 T2

SAINDO FRISESP
 4.01
V 42
14 T2

4.24
V 42
15 T2

4.57
V 42
16 T2

FIM CALCAMENTO
MATADOURO
 5.94
0.00
V 42 00.13.08
17 T3

0.20
V 42
18 T3

SUBA LISOO
 1.33
V 33 00.15.02
19 T4

1.50
V 33
20 T4

1.96
V 33
21 T4

2.18
V 33
22 T4

2.48
V 33
23 T4

2.70
V 33
24 T4

2.74
V 33
25 T4

MUITO LISOO
 3.17
V 21 00.18.22
26 T5

3.43
V 33 00.19.07
27 T6

3.65
V 21 00.19.31
28 T7

3.81
V 21
29 T7

3.97
V 21
30 T7

SUBA
 4.03
V 21
31 T7

4.23
V 21
32 T7

4.46
V 21
33 T7

4.48
N 3' 00.21.53
34 T8

0.00
V 42 00.24.53
35 T9

0.67
V 36 00.25.51
36 T10

0.71
V 36
37 T10

PPAL
 0.77
V 42 00.26.01
38 T11

1.26
V 32 00.26.43
39 T12

1.67
V 32
40 T12

2.05
V 19 00.28.12
41 T13

2.07
V 19
42 T13

MUITO LISOO
 2.15
V 19
43 T13

2.42
V 19
44 T13

2.45
V 19
45 T13

2.58
V 19
46 T13

PPAL
 2.60
V 19
47 T13

2.65
N 2' 00.30.05
48 T14

0.00
V 42 00.32.05
49 T15

0.59
V 32 00.32.56
50 T16

1.38
V 32
51 T16

1.55
V 32
52 T16

1.75
V 28 00.35.06
53 T17

1.97
V 32 00.35.35
54 T18

2.17
V 32
55 T18

2.42
V 32
56 T18

2.54
V 32
57 T18

2.60
V 32
58 T18

2.68
V 32
59 T18

2.69
V 32
60 T18

	2.79
V 32	
61	T18
GASSS	
	2.85
V 32	
62	T18
	3.11
V 32	
63	T18
	3.43
0.00	
V 35	00.38.19
64	T19
	0.43
N 3'	00.39.03
65	T20
	0.43
V 42	00.42.03
66	T21
	0.97
V 42	
67	T21
	1.02
V 42	
68	T21
PONTE LISA	
	1.68
V 42	
69	T21
PPAL	
	1.86
V 42	
70	T21
	1.91
V 42	
71	T21
	3.13
V 42	
72	T21
	4.15
V 42	
73	T21
	4.30
V 42	
74	T21
BUEIRO PRECARIO	
	4.32
V 25	00.47.36
75	T22
PE QUEBRADO	
	4.38
V 25	
76	T22
SUBA GASSS	
	4.42
0.00	
V 22	00.47.51
77	T23
EROSÕES	
	0.09
V 22	
78	T23
NO PINUS	
	0.32
V 30	00.48.43
79	T24
	0.60
V 30	
80	T24
	0.69
V 30	
81	T24
	0.84
V 30	
82	T24
	1.03
V 30	
83	T24
	1.10
V 30	
84	T24
	1.46
V 30	
85	T24
	1.90
V 30	
86	T24
	2.11
V 30	
87	T24
SUBA GASSS	
	2.32
V 30	
88	T24
	2.52
V 30	
89	T24
	2.69
V 30	
90	T24
	2.88
V 30	
91	T24
	3.06
V 30	
92	T24
	3.48
V 30	
93	T24
	3.81
N 3'	00.55.42
94	T25
	3.81
V 33	00.58.42
95	T26
	3.96
V 30	00.58.58
96	T27
SUBA	
	4.58
0.00	
V 30	01.00.13
97	T28
	0.24
V 30	
98	T28
	0.47
V 30	
99	T28
MANGUEIRA	
	0.60
V 30	
100	T28
	0.66
V 36	01.01.32
101	T29
	0.74
V 36	
102	T29
	1.02
V 36	
103	T29
	1.06
V 36	
104	T29
	1.11
V 36	
105	T29
SUBA GASSS	
	1.45
V 36	
106	T29
	2.03
V 36	
107	T29
PPAL	
	2.29
N 2'	01.04.15
108	T30
	2.29
V 42	01.06.15
109	T31
	2.87
V 42	
110	T31
	2.97
0.00	
V 36	01.07.13
111	T32
	0.39
V 36	
112	T32
	0.91
V 36	
113	T32
SIGA PPAL	
	0.97
N 2'	01.08.50
114	T33
	0.97
V 42	01.10.50
115	T34
	2.12
V 42	
116	T34
	2.30
V 42	
117	T34
	3.67
V 42	
118	T34
	4.00
V 42	
119	T34
	4.28
V 42	
120	T34
PP	
	4.70
0.00	
V 36	01.16.10
121	T35
	0.32
V 36	
122	T35
	0.43
V 36	
123	T35
MUITO LISO	
	0.54
V 36	
124	T35
	0.86
V 27	01.17.36
125	T36
CUIDADO BUEIRO	
	1.11
V 27	
126	T36

	1.63	
	V 27	
	127	T36
EROSÕES DESCENDO		
	1.82	
	V 27	
	128	T36
	2.48	
	V 27	
	129	T36
	2.75	
	V 27	
xxxxx0 0xxxxx	130	T36
	3.25	
	V 27	
	131	T36
	3.42	
	N 3' 01.23.17	
	132	T37
	3.42	
	D 2' 01.26.17	
	133	T38
	3.46	
	134	T38
	3.54	
	135	T38
	3.65	
	136	T38
PPAL		
	4.00	
	N 7' 01.28.17	
	137	T39
1 NEUTRO 07MINUTOS		
ABASTECIMENTO		
	0.00	
	V 42 01.35.17	
	138	T40
CONTINUE PELA		
PRINCIPAL		
	1.60	
	V 42	
	139	T40
	4.78	
	V 42	
	140	T40
	4.80	
	V 42	
	141	T40
	4.89	
	V 42	
	142	T40
	5.03	
	V 42	
	143	T40
PEDACINHO DO CEU		
	6.88	
	V 42	
	144	T40
AÇUDES		
	7.64	
	V 37 01.46.12	
	145	T41
	0.62	
	V 37	
	146	T41
VOVOZINHA		
	0.98	
	V 25 01.47.48	
	147	T42
SUBA GASSS		
	1.06	
	V 25	
	148	T42
	1.23	
	V 25	
	149	T42
	1.25	
	V 25	
	150	T42
	1.37	
	V 25	
	151	T42
PPAL		
	1.85	
	N 2' 01.49.53	
	152	T43
	1.85	
	V 42 01.51.53	
	153	T44
	3.35	
	V 42	
	154	T44
JUPIRA		
	3.74	
	V 48 01.54.35	
	155	T45
	0.15	
	V 48	
	156	T45
SUBA GASSS		
	0.80	
	V 38 01.55.35	
	157	T46
	1.16	
	V 38	
	158	T46
SUBA		
	1.59	
	V 24 01.56.50	
	159	T47
	1.72	
	V 24	
	160	T47
EROSÕES		
ABISMO		
	2.14	
	V 24	
	161	T47
ARVORE CAIDA		
	2.20	
	V 24	
	162	T47
ARVORE CAIDA		
	2.42	
	V 24	
	163	T47
	2.70	
	N 3' 01.59.36	
	164	T48
	0.00	
	V 36 02.02.36	
	165	T49
ARVORE		
	0.66	
	V 36	
	166	T49
	1.87	
	V 36	
	167	T49
	1.92	
	V 36	
	168	T49
	1.97	
	V 36	
	169	T49
	2.11	
	D 2' 02.06.07	
	170	T50
	2.13	
	171	T50
	2.21	
	xxxxx0 0xxxxx	
	172	T50
	2.33	
	xxxxx xxxxx	
	173	T50
PPAL		
MMS		
	2.42	
	0.00	
	V 48 02.08.07	
	174	T51
JUPIRA		
MAIS UMA VEZ		
	0.39	
	V 48	
	175	T51
	0.52	
	V 48	
	176	T51
	1.16	
	V 48	
	177	T51
	1.32	
	V 48	
	178	T51
	1.45	
	V 48	
	179	T51
	1.68	
	xxxxx xxxxx	
	V 39 02.10.13	
	180	T52
	1.92	
	V 39	
	181	T52
	2.30	
	V 39	
	182	T52
	2.69	
	V 39	
	183	T52
	3.17	
	V 33 02.12.31	
	184	T53
	0.18	
	V 33	
	185	T53
	0.44	
	V 33	
	186	T53
CDD ABISMO		
TEM TEMPO		
	0.71	
	N 2' 02.13.48	
	187	T54
	0.71	
	D 5' 02.15.48	
	188	T55

	0.77	
	189	T55
	0.80	
	190	T55
	1.03	
	191	T55
	1.18	
	192	T55
	1.20	
	193	T55
	1.27	
	V 18	02.20.48
	194	T56
DESCESOS EROSOES		
	1.50	
	V 18	
	195	T56
JUJUPIRA DE NOVO		
	1.66	
	V 48	02.22.06
	196	T57
	2.28	
	V 48	
	197	T57
	2.44	
	V 48	
	198	T57
	2.58	
	V 48	
	199	T57
	2.94	
	V 39	02.23.42
	200	T58
	3.18	
	V 39	
	201	T58
	3.57	
	V 39	
	202	T58
	3.97	
	V 39	02.25.17
	203	T59
BEIJO DO GARIBALDO		
	0.63	
	V 30	02.26.15
	204	T60
	0.93	
	V 30	
	205	T60
	1.06	
	V 30	
	206	T60
	2.25	
	V 30	02.29.30
	207	T61
DESCESOS FORTE EROSOES		
	0.03	
	V 30	
	208	T61
MAIS EROSOES		
	0.15	
	V 30	
	209	T61
	1.27	
	V 30	
	210	T61
	1.34	
	V 30	
	211	T61
	1.44	
	V 30	
	212	T61
	2.09	
	V 30	
	213	T61
	2.16	
	V 30	
	214	T61
PPAL		
PELO PORTAO		
	2.22	
	N 3'	02.33.56
	215	T62
	2.22	
	V 42	02.36.56
	216	T63
	4.48	
	V 42	
	217	T63
	5.10	
	V 42	
	218	T63
NEUTRO PRINCIPAL		
25 MINUTOS		
	6.51	
	N 25'	02.43.04
	219	T64
ZERE NO EUCALIPTO		
	0.00	
	V 42	03.08.04
	220	T65
IGREJA		
	0.73	
	V 42	
	221	T65
	1.74	
	V 42	
	222	T65
	2.47	
	V 42	
	223	T65
	3.49	
	V 15	03.13.03
	224	T66
LISO		
	3.52	
	V 15	
	225	T66
	3.57	
	V 15	
	226	T66
	3.60	
	V 39	03.13.29
	227	T67
OLHE EM FRENTE ACIMA		
AI O BICHO PEGA		
	3.63	
	V 39	03.13.32
	228	T68
	0.08	
	V 39	
	229	T68
	0.62	
	V 39	
	230	T68
	0.78	
	V 39	
	231	T68
	0.83	
	V 39	
	232	T68
	0.98	
	V 39	
	233	T68
	1.03	
	V 39	
	234	T68
	1.33	
	V 39	
	235	T68
	1.39	
	V 39	
	236	T68
PPAL		
	1.59	
	N 1'	03.15.59
	237	T69
	1.59	
	V 42	03.16.59
	238	T70
	2.03	
	V 42	
	239	T70
	2.22	
	V 21	03.17.53
	240	T71
	2.41	
	V 21	
	241	T71
	2.51	
	V 21	
	242	T71
PONTE PRECARIA A ESQUERDA		
	2.80	
	V 21	
	243	T71
	3.06	
	V 21	
	244	T71
	3.15	
	V 21	
	245	T71
	3.23	
	V 21	
	246	T71
	3.31	
	V 21	
	247	T71
DESCESOS EROSOES		
	3.33	
	V 21	03.21.03
	248	T72
	0.12	
	V 21	
	249	T72
	0.55	
	V 21	
	250	T72
	0.89	
	V 21	
	251	T72
	1.02	
	V 21	
	252	T72
HET MAN		
	1.08	
	N 2'	03.24.08
	253	T73

	1.08	V 42 03.26.08	254	T74
	1.20	V 42	255	T74
GASSS				
	1.66	V 33 03.26.58	256	T75
	1.86	V 33	257	T75
	1.90	V 33	258	T75
	1.99	V 33	259	T75
	2.16	V 33	260	T75
	2.41	V 21 03.28.20	261	T76
	2.56	V 21	262	T76
	2.58	V 21	263	T76
	2.62	V 33 03.28.56	264	T77
	2.86	V 33	265	T77
	2.92	V 33	266	T77
	3.09		267	T78
	0.00	N 3' 03.29.47	268	T79
	0.23	V 28	269	T79
ARVORE CAIDA				
	0.58	V 28	270	T79
COLICA				
	0.82	V 28	271	T79
CUIDADO PONTE				
	0.96	V 28	272	T79
CUIDADO PONTE				
	1.05	V 28	273	T79
	1.11	V 28	274	T79
	1.98	V 28	275	T79
	2.16	V 28	276	T79
	2.31	V 28	277	T79
	2.63	N 1' 03.38.25	278	T80
	2.63	D 3' 03.39.25	279	T81
	2.70		280	T81
	3.06		281	T81
	3.28		282	T81
	3.33		283	T81
PPAL				
	3.43	V 42 03.42.25	284	T82
	1.60	V 42	285	T82
	1.74	V 42	286	T82
	2.85	V 42	287	T82
VÓ POLACO				
	3.17	V 46 03.46.57	288	T83
	3.51	V 46	289	T83
	3.61	V 46	290	T83
	3.82	V 46	291	T83
	4.60	V 46 03.48.49	292	T84
	0.07	V 46	293	T84
	1.00	V 30 03.50.07	294	T85
	1.36	V 30	295	T85
	1.67	V 40 03.51.28	296	T86
	1.86	V 40	297	T86
	1.99	V 40	298	T86
	2.42	V 21 03.52.35	299	T87
SIGA PPAL				
	2.77	V 40 03.53.35	300	T88
	2.89	V 40	301	T88
	3.18	V 40	302	T88
	3.51	V 40	303	T88
	3.94	V 33 03.55.20	304	T89
	0.21	V 33	305	T89
	0.40	V 33	306	T89
PPAL				
	0.60	N 2' 03.56.26	307	T90
	0.60	V 42 03.58.26	308	T91
	1.41	V 36 03.59.35	309	T92
SOBE				
	1.63	V 33 03.59.57	310	T93
	1.76	V 33	311	T93
	2.09	V 33	312	T93
	2.12	V 33	313	T93
	2.24	V 24 04.01.04	314	T94
	2.33	V 24	315	T94
	2.52	V 24	316	T94
	2.57	V 24	317	T94
	2.60	V 24	318	T94
	2.63	V 45 04.02.02	319	T95
	2.85	V 45	320	T95
	3.08	V 45	321	T95

	3.14
	0.00
	V 45 04.02.43
	322 T96
	0.59
	V 45
	323 T96
	1.23
	V 36 04.04.21
	324 T97
	1.61
	V 36
	325 T97
	1.77
	V 36
	326 T97
	1.80
	V 36
	327 T97
	1.94
	V 24 04.05.32
	328 T98
	2.19
	V 24
	329 T98
	2.24
	V 24
	330 T98
	2.51
	V 24
	331 T98
	2.71
	V 24
	332 T98
	2.77
	V 33 04.07.37
	333 T99
	3.50
	V 33
	334 T99
	3.64
	V 33
	335 T99
	3.82
	V 33
	336 T99
	3.86
	V 33
	337 T99
	4.56
	V 33
	338 T99
	4.63
	V 33
	339 T99
	PPAL
	5.01
	V 33
	340 T99
	5.16
	V 33
	341 T99
	5.33
	N 3' 04.12.16
	342 T100
	5.33
	V 42 04.15.16
	343 T101
	5.42
	V 38 04.15.24
	344 T102
	0.58
	V 42 04.16.19
	345 T103
	1.13
	V 42
	346 T103
	1.16
	V 42
	347 T103
	1.44
	V 42
	348 T103
	1.55
	V 42
	349 T103
	1.87
	V 35 04.18.09
	350 T104
	2.01
	V 35
	351 T104
	BANHADO
	2.38
	V 35
	352 T104
	2.52
	V 35
	353 T104
	2.79
	V 35
	354 T104
	3.23
	V 35
	355 T104
	3.32
	V 35
	356 T104
	3.37
	V 35
	357 T104
	3.88
	V 39 04.21.36
	358 T105
	3.95
	V 39
	359 T105
	4.37
	V 24 04.22.21
	360 T106
	0.11
	V 24
	361 T106
	0.26
	V 24
	362 T106
	0.42
	V 24
	363 T106
	0.48
	V 24
	364 T106
	0.51
	V 24
	365 T106
	0.64
	V 24
	366 T106
	0.81
	V 24
	367 T106
	0.84
	V 42 04.24.27
	368 T107
	1.10
	V 42
	369 T107
	1.22
	V 42
	370 T107
	1.37
	V 42
	371 T107
	3.82
	V 42
	372 T107
	4.22
	V 42
	373 T107
	INICIO ASFALTO
	5.23
	D 15' 04.30.44
	374 T108
	POR BAIXO
	VIADUTO
	0.10
	V 42
	375 T108
	0.20
	V 42
	376 T108
	0.37
	V 42
	377 T108
	1.33
	V 42
	378 T108
	1.66
	V 42
	379 T108
	2.21
	V 42
	380 T108
	2.48
	V 42
	381 T108
	TREVO MUZZOLON
	2.84
	V 42
	382 T108
	PONTE DO ARCO
	3.58
	V 42
	383 T108
	SUPERPAO
	4.35
	V 42
	384 T108
	CTG
	4.96
	V 42
	385 T108
	APAE
	5.69
	V 42
	386 T108
	REI DO AMASSADO
	6.62
	V 42
	387 T108
	6.72
	V 42
	388 T108
	6.87
	V 42
	389 T108

HOBI CLUBE NAUTICO



7.00

N 1s 04.45.44

390 **T109**

FIM DE PROVA !!



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DOMINGO

2 DIA

Tempo de Prova

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